22 25 29 29 29 29 29 29	· - 3	Meat		Friday		Thursday			Wednesday		Ţ		īuesday	٨		Monday		
9 10 11 5 16 17 18 2 23 24 25 9 30	2 T 3 X A	Meat free: 🕜	Dessert	Vegetable	Main	Dessert	Vegetable	Main	Dessert	Vegetable	Main	Dessert	Vegetable	Main	Dessert	Vegetable	Main	
19 20 21 13 14 15 20 21 22 27 28 29 27 28 29	MAY JUNE F S S M T W T F S S M	Served Daily: Filled Jacket Potatoes with a daily choice of various fillings	Cook's own Chocolate Friday, Fresh Fruit	Baked Beans, Salad Bar	Harry Ramsden's Junior Fish in Batter Or HR's Seaside Salmon in vinegar batter Served with chips Homemade Margherita Pizza Served with chips	Apple Flapjack, Fruit Mousse, Fresh Fruit	Green beans, Salad Bar	Homemade Chicken Curry served with 50/50 boiled rice & naan bread Homemade Cheese & Rice Flan Served with Salad Potatoes	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin	Baton Carrots & Broccoli	Roast Turkey Dinner served with Stuffing Balls, Roast/Wash Potatoes & Gravy Vegetarian Meatballs Dinner served with Stuffing Balls, Roast/Wash Potatoes & Gravy	Fruit Jelly & Ice Cream, Cheese & Crackers, Fresh Fruit	Vegetable Medley, Salad Bar	Oven baked Butcher's Sausages served with Creamed Potatoes and Gravy Homemade Tomario & Red Pepper Pasta topped with Cheese served with homemade Garlic Dough Balls	Melting Moment & Wedge of Fruit, Fresh Fruit, Yoghurt	Sweetcorn Cobette, Salad Bar	Big Tasty Fish Cake Served with Potato Wedges Wrap, Barm or Baguethe filled with either Ham, Turkey, Tuna, Cheese or Egg Served with oven baked Potato Wedges	Week I
15 16 15 16 17 18 19 20 15 16 22 23 24 25 26 27 22 23 30 31 31	JULY AUGUST 1 2 3 4 5 6 7 1 2 3 8 9 10 11 12 13 14	ings Salad Bar - includes 5 fresh Salad items (except Wednesdays)	Cook's own Chocolate Friday, Fresh Fruit	Garden Peas, Salad Bar	Harry Ramsden's Battered Pollock Fillet Bites (Gluten Free) Served with chips Homemade Margherita Pizza Served with chips	Ginger Biscuit & Wedge of Fruit, Angel Whip, Fresh Fruit	Vegetable Medley, Salad Bar	Homemade Chicken & Bacon Tomato Pasta served with Garlic Bread Wrap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg Served with oven baked Herby Polatoes	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin	Baton Carrots & Broccoli	Roast Chicken Fillet Dinner served with Stuffing Balls, Roast/Mash Potatoes & Gravy Quorn Sausage Served with Stuffing Balls, Roast/Mash Potatoes & Gravy	Orange Drizzle Sponge, Yoghurt, Fresh Fruit	Sweetcorn, Diced Carrots, Salad Bar	Pork & Carrot Meathalls (Gluten free) served with Creamed Potatoes and Gravy Vegetarian Quorn Lasagne Served with Garlic bread	Ice Cream Roll, Fruit Mousse, Fresh Fruit	Baked Beans, Salad Bar	Brunch (Bacon, Hash Brown, Omelette/Scrambled Egg) with a fruit juice Vegetarian Brunch (Quom Sausage, Hash Brown, Omelette/Scrambled Egg) with a fruit juice	Week Z
9 10 11 12 13 14 15 6 17 18 19 19 16 17 18 19 19 20 21 22 28 29 30 31 23 24 25 26 27 28 29	M T W T F S	Assorted Breads Drinks: Chilled Milk, Milkshake and Water	Cook's own Chocolate Friday, Fresh Fruit	Spaghetti Hoops, Salad Bar	Fillet Fish Fingers Served with Chips Homemade Margherita Pizza Served with chips	Apple/Pear Crumble & Ice Cream, Yoghurt, Fresh Fruit	Sweetcorn, Salad Bar	Homemade Bolognaise Pasta Served with garlic bread Homemade Cheese & Rice Flan Served with homemade Jacket Potato Wedges and beans	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin	Baton Carrots & Broccoli	Roast Gammon Dinner served with Pineapple, Roast/Mash Potatoes & Gravy Vegetarian Meatballs Dinner served with Pineapple Roast/Mash Potatoes & Gravy	Fruit Jelly & Ice Cream, Cheese & Crackers, Fresh Fruit	Garden Peas, Salad Bar	Homemade Chicken and Vegetable Pie served with Creamed Potatoes and Gravy Wrap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg served with Pasta Salad	lce Cream Roll, Fresh Fruit, Yoghurt	Green beans, Sweetcorn, Salad Bar	Breaded Fish Stars Coserved with oven baked Herby Potatoes Homemade Creamy Tomato & Basil Pasta Coserved with Garlic Bread Pizza Square	week 3