



RSHE at Beechwood Primary School

By the end of studying RSHE at Beechwood Primary School, children will be able to talk about the following themes which they cover through the Kapow Primary Scheme of work:

- **Family and relationships** (family, friendships, respectful relationships, change and loss)
- **Health and wellbeing** (health and prevention, physical health and wellbeing and mental wellbeing)
- **Safety and the changing body** (being safe including online, drugs alcohol and tobacco, the changing adolescent body and basic first aid)
- **Citizenship** (including British Values)
- **Economic wellbeing** (jobs, income, expenditure)
- **Transition** (recognising strengths and achievements and setting goals)

Key Themes	Year Group Covered						
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Family and relationships							
Health and wellbeing							
Safety and the changing body							
Citizenship							
Economic wellbeing							
Transition							