



Physical Education at Beechwood Primary School

By the end of studying Physical Education at Beechwood Primary School, children will be able to answer questions such as:

- How can you live a **healthy and active lifestyle**?
- How can you develop your **competence** in an aspect of the PE curriculum?
- How can you improve your **performance** in an aspect of the PE curriculum?
- How can you develop **creativity** in an aspect of the PE curriculum?
- Can you explain a time that you have needed to show **persistence** in an aspect of the PE curriculum?
- What is **team spirit**?

Key Themes	Year Group Covered						
	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Health & Fitness							
Athletics							
Dance							
Games							
Gymnastics							
Outdoor Adventurous Activities							
Swimming							