



# BEECHWOOD PRIMARY SCHOOL

## newsletter

13th December 2024

### CHRISTMAS IS ON IT'S WAY.....

It's been another busy week! Thank you for understanding on Monday with the water issues- not exactly the Monday morning we had planned! However, our Chrsitngle service went ahead on Tuesday.

You have been sent a letter today with all the information you will need to set up your online accounts with our new school meal provider, Orian. Please make sure that you sign up before we finish so that we know it is working for the first day back. The menus are further down in this newsletter.

### CHRISTMAS PERFORMANCES

The children are working incredibly hard practicing for their upcoming performances. We can't wait for you to enjoy them!

Please make sure KS2 are back at 5:45 ready for the 6pm performance.

For the morning performances, the community centre cafe will be open early selling hot food and drinks. Furtehr details below.

### GOLDEN BOX WINNER

Well done to Charlotte from Year 2 for winning a Golden Box prize this week!

### IMPORTANT DATES

#### **Tuesday 17th December**

KS1 Nativity 9:30am and 2pm

#### **Wednesday 18th December**

KS2 Christmas Concert 9:30am and 6pm

#### **Thursday 19th December**

KS1 Christmas Party

KS2 Christmas Treat tbc

#### **Friday 20th December**

1:30pm School Finishes for Christmas Holidays (children to wear Christmas Jumpers/Tshirts)

We won't be inviting parents into next week's final day assembly! We wont be giving out certificates that week- so don't worry! It will mainly be attendance certificates.

#### **Monday 6th January**

Children return to school

#### **Friday 7th Feb**

PTA Sleepover



# BEECHWOOD PRIMARY SCHOOL

## newsletter

6th December 2024

## CERTIFICATE WINNERS

### WELLBEING

PICASSO- Lee Williams

ROSEN- Lily Howard-Armitage

ATTENBOROUGH- Eli Roberts

PANKHURST- Charlotte Mercer

HAWKING- Ben Leech

MALALA- Arya Colebrook

MANDELA- Luca Claxton

### CERTIFICATE WINNERS

PICASSO

Hallie Scoullar and Rosie Green

ROSEN

Thomas Roberts and Harrison Stelfox

ATTENBOROUGH

Elliot Swam and Oscar Peel

PANKHURST

Harrison Kane and Gracie Wainwright-Buckley

HAWKING

Bradley Griffiths and Martha Hayes

MALALA

Luca Goulding and Renee Edwards

MANDELA

Nathan Gregory and Daisy Mai Lunt



### PARENTING SUPPORT



Halton Borough Council, in partnership with the Solihull Approach, offer free access to online courses expertly designed for parents, carers, grandparents and teens living in the region.

Sign up to understand your child's feelings, as well as your own, as you go through life as a family. Learn to understand the changes in your child's development and how to support them, whilst also strengthening your relationship.

Details can be found on the following website:



<https://www.solihullapproach.co.uk/halton/>





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### FOREST SCHOOLS

Year 3/4- Pakhurst Class- will be having their block of fun in the Dell after Christmas.

This is a quick reminder that they will need waterproofs and wellies or walking boot type shoes.

Mrs Woodcock will write to you again to provide full information.

### CHRISTINGLE SERVICE



### CHRISTINGLE

*Our Christingle service was held on Monday. The children enjoyed singing traditional hymns and learning about the meaning of the Christingle.*

### Forest Schools Schedule

Autumn 2  
Year 4/5

Spring 1  
Year 3/4

Spring 2  
Year 1

Summer 1  
Year 2

Summer 2  
Year 6

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**Beechwood**  
Community Centre

## SPECIAL OFFER



Coffee & Breakfast  
Barm (Bacon or  
**£4.75** Sausage)



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The menu provided by Orian is below- there is a three week menu. When the allergen menu comes through, we will share this.  
School meal prices will increase from January to around £3.20. EYFS and KS1 remain on universal free school meals.



### Beechwood Primary School WEEK 1

	CHOICE 1	CHOICE 2	CHOICE 3	SOMETHING SWEET
Monday	Cheese & Tomato Pizza served with Hand Cut Potato Wedges and Seasonal Veg	Pasta with Homemade Tomato Sauce served with Garlic Bread and Seasonal Veg	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Belgian Waffles with Whipped Cream  or Smoothy Style Yoghurt or Fresh Fruit <b>NEW</b>
Tuesday	Homemade Pasta Bolognese served with Garlic Bread and Seasonal Veg <b>IMPROVED</b>	Salmon Goujons served with Potato Wedges and Seasonal Veg	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Homemade Double Chocolate Chip Cookie  or Smoothy Style Yoghurt or Fresh Fruit
Wednesday	Home Roasted Chicken Dinner & Yorkshire Pudding served with Homemade Roasted Potatoes, Seasonal Veg and Gravy	Homemade Cheddar Cheese & Bean Puff served with Homemade Roasted Potatoes and Seasonal Veg	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos	Homemade Shortbread  or Smoothy Style Yoghurt or Fresh Fruit
Thursday	Fresh Pork Sausage served with Creamed Potato and Baked Beans	Vegetable Sausage served with Creamed Potato and Baked Beans	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Homemade Victoria Sponge Bun  or Smoothy Style Yoghurt or Fresh Fruit <b>NEW</b>
Friday	Fish Fingers served with Skinny Fries, Seasonal Veg and Tomato Ketchup	Cheesy Pasta Bake served with Garlic Bread and Seasonal Veg	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Chocolate Mousse  or Smoothy Style Yoghurt or Fresh Fruit <b>NEW</b>

Available daily fresh fruit or salad.  
If you have any questions about food [allergens](#) please speak to the kitchen team who will be happy to help.

Autumn 2024



# BEECHWOOD PRIMARY SCHOOL

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## Beechwood Primary School WEEK 2

	CHOICE 1	CHOICE 2	CHOICE 3	SOMETHING SWEET
Monday	<b>Pepperoni Pizza</b> served with Herby Potatoes and Baked Beans	<b>Veggie Nuggets</b> served with Herby Potatoes and Baked Beans	<b>Jacket Potato</b> filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	<b>Homemade Chocolate Crunch</b>  or Smoothy Style Yoghurt or Fresh Fruit
Tuesday	<b>Beef Burger topped with Cheese in a Soft Bun</b> served with Homemade Wedges, Seasonal Veg and Ketchup	<b>Veggie Grill Burger in a Bun</b> served with Homemade Wedges, Seasonal Veg and Ketchup	<b>Jacket Potato</b> filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	<b>Strawberry Fruit Smoothie</b>  or Smoothy Style Yoghurt or Fresh Fruit
Wednesday	<b>Roast Beef &amp; Yorkshire Pudding</b> served with Homemade Roasted Potatoes, Seasonal Veg and Gravy	<b>Cauliflower Cheese Baked Yorkshire Pudding</b> served with Homemade Roasted Potatoes, Seasonal Veg and Gravy  <b>NEW</b>	<b>Assorted Wraps</b> filled with Ham, Cheese or Tuna served with Crunchy Nachos	<b>Frozen Yoghurt</b>  or Smoothy Style Yoghurt or Fresh Fruit
Thursday	<b>BBQ Chicken Melt Baguette with Nachos</b> served with Seasonal Veg  <b>NEW</b>	<b>BBQ Quorn Melt Baguette with Nachos</b> served with Seasonal Veg  <b>NEW</b>	<b>Jacket Potato</b> filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	<b>Hot Jam &amp; Coconut Sponge and Custard</b>  or Smoothy Style Yoghurt or Fresh Fruit
Friday	<b>Fish Fingers</b> served with Skinny Fries and Baked Beans	<b>Roasted Vegetable Pasta with Homemade Tomato Sauce</b> served with Peas	<b>Jacket Potato</b> filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	<b>Homemade 'Jammy Dodger'</b>  or Smoothy Style Yoghurt or Fresh Fruit

Available daily fresh fruit or salad.

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### Beechwood Primary School WEEK 3

	CHOICE 1	CHOICE 2	CHOICE 3	SOMETHING SWEET
Monday	Cheese & Tomato Pizza served with 1/2 Jacket Potato and Seasonal Veg	Vegetarian Pasta Bolognese served with Garlic Bread and Seasonal Veg <i>IMPROVED</i>	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Strawberry Ice Cream Sponge Roll  or Smoothy Style Yoghurt or Fresh Fruit
Tuesday	Crispy Chicken Burger in a Bun served with Crispy Potato Wedges and Baked Beans	Roasted Vegetable Wrap served with Crispy Potato Wedges and Mixed Salad	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Rice Crispy Cake  or Smoothy Style Yoghurt or Fresh Fruit
Wednesday	Sliced Ham & Yorkshire Pudding served with Herby Potatoes and Seasonal Veg	Homemade Mac 'n' Cheese served with Herby Potatoes and Seasonal Veg <i>NEW</i>	Assorted Wraps filled with Ham, Cheese or Tuna served with Crunchy Nachos	Iced Sprinkle Cupcake  or Smoothy Style Yoghurt or Fresh Fruit
Thursday	Chicken Korma served with Rice, Naan Bread and Seasonal Veg	Roasted Vegetable Burrito served with Nachos and Mixed Salad	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	American Pancakes with Berries <i>NEW</i> or Smoothy Style Yoghurt or Fresh Fruit
Friday	Fish Fingers served with Skinny Fries, Seasonal Veg and Tomato Ketchup	Vegetarian <del>Chili</del> served with Steamed Rice and Seasonal Veg	Jacket Potato filled with Cheese, Tuna, Cheese & Beans or Beans served with Mixed Salad	Homemade Lemon Drizzle Cake <i>IMPROVED</i> or Smoothy Style Yoghurt or Fresh Fruit

Available daily fresh fruit or salad.

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.



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## ATTENDANCE

Following on from the latest information shared with parents and carers regarding attendance, this image highlights the importance of every minute in school.

## EVERY SCHOOL DAY COUNTS

**Don't miss out on the education you deserve.**



Good attendance means being in school at least **94%** of the time or 180-190 days.  
Did you know? A two week holiday in term time means that the highest attendance you can achieve is 94.5%.



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### HALTON HEALTH IMPROVEMENT

## Fit 4 Life Bite Size Sessions



START WELL

Join us for our online parent/carers workshops:

#### SLEEP & SCREENS

Are you struggling to get your child off their screen? Is this impacting their sleep? In this session, we explore how children can become addicted to their screens. We'll delve into the science of how this affects their sleep and what happens to the brain when screen time is overused and sleep is poor. This workshop will equip you with new skills to manage sleep and screen time, leaving you confident in setting boundaries with your child.

#### FUSSY EATING & SNACKING

Does your child refuse to try new foods? Are you finding it a challenge to introduce variety into their diet? In this session, we explain how neurodiversity may impact a child's acceptance of new foods. We'll share strategies to broaden your child's preferences and offer tried and tested tips from other parents, helping you combat the challenges of a fussy eater.

#### PHYSICAL ACTIVITY & SUGAR

Has the COVID-19 pandemic affected how active your child is? Are you concerned about their sugar intake but unsure where to start? Lockdown significantly impacted young people's activity levels. Using children's perspectives, we will share why they struggle to stay active and what you can do as a family to support them. We also explore the science behind sugar and its effects on the body. This workshop will help you understand why children struggle with physical activity and provide you with the confidence to get them moving again.

These workshops are for parents and carers. Choose from the following sessions:

45 Minute - Online Workshop

Fussy Eating & Snacks	Sleep & Screens	Physical Activity & Sugar
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To see available dates & to book your place please scan the QR Code, or visit -> [book a workshop on Eventbrite](#)

Alternatively, you can email [HIT@halton.gov.uk](mailto:HIT@halton.gov.uk)



For more information call the team on:

**0300 029 0029**

or visit [www.haltonhealthimprovement.co.uk](http://www.haltonhealthimprovement.co.uk)



@HaltonBC



Halton BC





# BEECHWOOD PRIMARY SCHOOL

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## Beechwood Christmas house light show

Starts on

# December 1st

Every evening 5pm till 7:30pm  
until December 26th

Bowland Close,  
Beechwood,  
Runcorn, WA7 2RQ

Raising money for  
Halton Haven



Help us reach our £500 target!

Make a donation with **JustGiving**



@beechwoodchristmashouse



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### TERM TIME HOLIDAYS

We have seen an increase in applications for Term Time holidays. As you will have read in letters sent by Mrs Kidd last accademic year, the laws around this have changed and become much tighter. I appreciate the difficulties, yet unless there is an exceptional reason, we are not allowed to authorise holidays and fines have to be issued.



UK Health  
Security  
Agency



## Should I keep my child off school?

### Yes

#### Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

### No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

#### Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minftec>.



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### 7 Top Tips to Support Reading at Home

Shared reading is a great way to develop children's language and communication and to boost their reading skills. Regular reading routines can offer lots of opportunities for learning during school closures.

- 1 Concentrate on reading quality (it isn't all about reading lots!)**



Don't worry too much about the 'what' and 'how' of reading each day. Books are great—but leaflets, comics, recipes and instructions on a webpage can all be great too. Following a recipe to make some cupcakes is valuable reading. Be on the lookout for reading, wherever it is!

- 2 Ask your child lots of questions**



All reading matters. Shared reading is about 'reading with', not just 'reading to' (even for older children). So, ask lots of 'Wh' questions, such as Who? What? When? Where? Why? Try them when talking about books: for example, 'what do you think Harry is feeling?'

- 3 Ask your child to make predictions about what they have read**



If it is a book, look at the front cover—or the last chapter—and talk about what might happen next. Look for clues in the book and be a reading detective! For example, 'can you see the bear on the front cover? Where do you think he will go?'

- 4 Ask your child to summarise what they have read**



When you've finished reading, talk about what happened. Acting out the things that happened in the story or describing the big idea of a chapter is really fun and maximises learning. For example, 'can you remember all the things that happened on the bear hunt?'

- 5 Ask your child to write about what they have read**



Write, or draw pictures, from anything you've read! Big writing and pictures are even more fun. For example, use an old roll of wallpaper to make a treasure map with clues from the stories you've read together.

- 6 Read and discuss reading with friends or family**



Make books a part of the family. Encourage your child to share them with a relative or friend, over a video call. Laugh about them when you are making meals together. For example, 'I hope the tiger doesn't come to tea today!'

- 7 Maintain the motivation to read**



Talk about the joy of reading whenever you can. Your child is on an amazing journey to becoming a reader. Put them in the driving seat and have fun on the way! For example, 'choose your favourite story for bedtime tonight.'