					Mea	Friday				Thursday			Wednesday			Tuesday			Monday		
30 31	15 16 17 1 22 23 24 2	9	1 2 3	M T W OCT	Meat free: 🔇	Dessert	Vegetable	Main	Dessert	Vegetable	Main	Dessert	Vegetable	Main	Dessert	Vegetable	Main	Dessert	Vegetable	Main	
26 27 28 29 30	18 19 20 21 12 13 14 15 16 17 18 10 25 26 27 28 19 20 21 22 23 24 25 17	13 14 5 6 7 8 9 10 11	4 5 6 7 1 2 3 4	OCTOBER NOVEMBER M T W T F S S M	Served Daily: Filled Jacket Potatoes with a daily choice of various fillings	Cook's own Chocolate Friday, Fresh Fruit	Baked Beans, Salad Bar	Harry Ramsden's Junior Fish in Bafter served with chips Homemade Margherita Pizza Served with chips	Raspberry Bun, Fruit Mousse, Fresh Fruit	Vegetable Medley, Salad Bar	Homemade Minced Beef & Onion Pie served with Creamed Potatoes and Gravy Homemade Tomato & Red Pepper Pasta topped with Cheese served with homemade Garlic Dough Balls	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin	Baton Carrots & Broccoli	Roast Gammon Dinner served with Pineapple, Roast/Mash Potatoes & Gravy Vegetarian Mearballs Dinner Served with Pineapple Roast/Mash Potatoes & Gravy	Marble Sponge Cake & Custard, Yoghurt, Fresh Fruit	Sweetcorn Cobette, Cheesy Coleslaw, Salad Bar	Homemade Cheese & Rice Flan served with Potato Wedges Wrap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg served with Potato Wedges	Ginger Biscuit & Wedge of Fruit, Fresh Fruit, Cheese & Crackers	Green beans, Salad Bar	Homemade Chicken Curry served with 50/50 boiled rice & naan bread Homemade Quom Mince Cottage Pie Served with Gravy	Week 1
25 26 27 28 29 30 28 29 30 31	11 12 13 14 15 16 14 15 16 17 20 17 18 19 20 21 18 19 20 21 22 23 24 25 26 27	7 8 9 10 11 12	1 2 3 4 5 6	DECEMBER JANUARY T W T F S S M T W T F S S	Salad Bar - includes 5 fresh Salad items (except Wednesdays)	Cook's own Chocolate Friday, Fresh Fruit	Garden Peas, Salad Bar	Harry Ramsden's Seaside Salmon Fillet in a vinegar batter served with chips Homemade Margherita Pizza Served with chips	Melting Moment & Wedge of Fruit, Angel Whip, Fresh Fruit	Vegetable Medley, Salad Bar	Mini Toad in the Hole served with Potato Wedges and Gravy Homemade Cheese & Rice Flan served with Potato Wedges and Beans	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin	Baton Carrots & Broccoli	Roast Turkey Dinner served with Stuffing Balls, Roast/Mash Potatoes & Gravy Quorn Sausage 💍 served with Stuffing Balls, Roast/Mash Potatoes & Gravy	Fruit Crumble & Custard, Yoghurt, Fresh Fruit	Sweetcorn, Cheesy Coleslaw, Salad Bar	Homemade Chicken & Bacon Tomato Pasta served with Garlic Bread Wirap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg served with Herby Potatoes	Rice Pudding, Fruit Mousse, Fresh Fruit	Baked Beans, Salad Bar	Brunch (Bacon, Hash Brown, Omelette/Scrambled Egg) with a fruit juice Vegetarian Brunch (Quorn Sausage, Hash Brown, Omelette/Scrambled Egg) with a fruit juice	Week 2
26 27 28 25 26 27 28 29 30	11 12 13 14 15 16 17 1 12 13 14 15 16 17 1 18 19 20 21 22 23 24	5 6 7 8 9 10 4 5 6 7 8 9	N N	M T W T F S S M T W T F S S	Assorted Breads Drinks: Chilled Milk, Milkshake and Water	Cook's own Chocolate Friday, Fresh Fruit	Spaghetti Hoops, Salad Bar	Fillet Fish Fingers served with Chips Homemade Margherita Pizza Served with chips	Lemon Drizzle Muffin, Cheese and Crackers, Fresh Fruit	Peas, Sweetcorn, Salad Bar	Homemade Hot Pot served with Crusty Bread and Silced Beetroot Vegetarian Spaghetti Bolognaise Served with Crusty Bread	Fresh Fruit Mix, Fruit Yoghurt, Fruit Muffin	Baton Carrots & Broccoli	Roast Chicken Fillet Dinner served with Stuffing Balls, Roast/Mash Potatoes & Gray Vegetarian Meariballs Dinner Served with Stuffing Balls, Roast/Mash Potatoes & Gray	Orange Cookie & Wedge of Fruit, Cheese & Crackers, Fresh Fruit	Vegetable Medley, Cheesy Coleslaw, Salad Bar	Pork & Carrot Meatballs (Gluten free) served with Creamed Potatoes and Gravy Wrap or Barm filled with either Ham, Turkey, Tuna, Cheese or Egg served with Potato Wedges	Drizzled Carrot Cake, Fresh Fruit, Angel Whip	Baked Beans, Salad Bar	Big Tasty Fish Cake served with Herby Potatoes Homemade Creamy Tomato & Basil Pasta Served with Garlic Dough Balls	Week 3